

Questions For Bringing Your Soul Into Your Decisions

Do I *really* want to do this?

**What do I think pursuing this will bring me?
Who will I be in the new choice?**

What do I think I'll escape by making this change?

Do I have the knowledge, skills, equipment, support, and training I need to be successful?

What else might I need in order to make this a reality?

**What's the story I'm telling myself about why I should do it?
About why I shouldn't do it?**

If I had no fear, what would I choose?

**If money weren't an issue, what would I choose? This? That?
Something completely different?**

**Is this choice healthy, and sustainable for me?
(emotionally, physically, mentally, spiritually, socially, financially)**

If I felt completely loved and supported, what would I choose?

Created for you with love by

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