

Learn To Teach Powerful Experiential Workshops

Overview of Lessons

Welcome:

- Welcome
- Overview of Lessons
- What makes a workshop experiential and powerful?

Worksheets:

- Master Workshop Design Checklist

Lesson 1: Choosing Your Topic And Audience

- Choose what to teach
- Define your target audience

Worksheets:

- Choosing A Topic Worksheet
- Defining Your Target Audience Worksheet

Lesson 2: Experiential Learning

- Writing Intentions and Learning Objectives
- Using all senses
- Designing for all intelligences
- Components
 - Learning Objectives
 - Content
 - Learning Methods
 - Materials

Worksheets:

- Learning Objectives Review Checklist

Lesson 3: Designing Your Workshop

- Workshop design model
 - introduction
 - safety and support
 - introduction
 - creating buy-in
 - warm-ups
 - core ideas
 - action learning

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- integration
- closing

Worksheets:

- Workshop Blueprint

Lesson 4: 13 Steps To A Successful Workshop

- Review and refinement of your workshop
- Discussion of best practices for offering the workshop to the public

Worksheets:

13 Steps To A Successful Workshop

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What Makes A Workshop Experiential And Powerful?

Experiential Workshop:

- Actively involves the participant
- Connects participant to their own:
 - needs
 - longings
 - life experience
 - knowledgethrough learning activities and integration processes.
- Engages the participant's mind, heart, and body

Powerful Workshop:

- immediately actionable
- deeply personal

Workshop is powerful when it invites participants to engage in a very personal way, with their own life experience, needs, desires, vision, and challenges.

We provide this invitation through experiential learning activities that bring home the message of the workshop while engaging the participants in their own unique, personalized experience of the material.

Every powerful, experiential workshop will be a great experience in and of itself, while also providing immediately actionable ideas for the participants to implement into their own life.

Powerful, experiential workshops give people the tools they need to make a difference in their own lives right away.

A powerful workshop is NOT:

- lecture only
- interesting ideas with no actionable steps connected to them
- participant is passive observer
- teacher held up as expert

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Master Workshop Design Checklist

Place a check next to each item as you complete it.

- Brainstorm Your Topic
- Choose Your Audience
- Research Your Topic
- Narrow Down Your Topic
- Write Your Workshop Intentions
- Write Your Workshop Learning Objectives
- Decide On Your Introduction/Focus Statement
- List Safety and Support/ Housekeeping Announcements
- Write Workshop Introduction/What You'll Leave With Today
- Create A "Buy-In" Experience
- Design A Warm Up
- List Your Core Ideas
- Brainstorm Action Learning Activities
- Decide On Integration/Digestion Activities
- Choose Your Closing Activity/Remarks/Invitation
- Prepare Your Handouts Or Visual Materials